

## Patrol Information

Firstly welcome back or welcome to the club, all the yellow and red clubbies, this club would not run as smoothly without all your hard work and effort!! For those who missed the patrol meeting here's what you missed.

This season patrols will **start at 7:30am**, meet in the boat shed. Please help your patrol captain and fellow clubbies by ensuring you're on time and use your initiative to find the patrol check list and start loading up the truck (Yes, you can do this without your patrol captain!!!). As they say many hands make light work. This year the times have changed so we will be on the beach by 8:00am and off the beach by 12:00, **leaving once all equipment is cleaned and put away!!**

The reason for starting patrols earlier is to make the most of the good weather before we get blown off the beach. Also this season we will be starting **CLUB SWIMS!!!!** The course and distances will vary week to week depending on conditions, no it won't all be marathon swims, some weeks may involve some running, other weeks maybe wading or even some fun relays. The purpose of this is to gain some fitness and form friendships. If you feel more comfortable wearing fins you are free to do so! Anyone and everyone who wish to participate are encouraged to meet on the beach at the patrol on Sundays at **8:00am**. The club swims will start the first Sunday in November and run every Sunday for the entire patrol season. Either Steve Peraldini or I will be your point of contact for the swim.

Another important thing to jot down in your diaries is requals. This season we will run the same format as last season. Requals will be done over your two patrols in October. Yes I know I have doubled up patrols for this month!!! This is to ensure we have enough eyes on the water whilst ticking and flicking the boxes to get you all through for another season of fun in the sun. If you can't make these dates, please advise me ASAP!

We are looking for people who are interested in developing their skills and gaining their qualifications in ARTC, IRB Drivers, IRB Crewies and Beach Management. If you are interested please contact either Jeff Kallawk or myself.

Last but not least is the actual patrol roster. Yes for the youngens it's that time to see who your rostered on with. I have done my best to accommodate everyone's needs and wants. If you are not quite happy with your patrol and want to change please discuss with me, please don't just not show up as we are relying on all of you to turn up. Again if you can't make a patrol throughout the season for whatever reason or need to leave early, please contact me so we can make appropriate arrangements. Yes I know Blue and Green patrols do one less patrol in the first half of the season, but don't worry they make up for it in the second half!!!

Looking forward to seeing all your smiling faces down at Pyramids for another fun filled season!!!

Sofie Frichot  
Director of Lifesaving  
0431057269

| <b>Patrol</b> | <b>BLACK</b>         | <b>GREEN</b>       |
|---------------|----------------------|--------------------|
| PC            | Sofie Frichot        | John Hodges        |
| VC            | Taj O'Brien          | Rach Butchart      |
| ARTC          | Michelle Hodges      | Jeanette Peraldini |
| IRBD 1        | Tim Allingham        | Karl Van Zwol      |
| IRBD 2        |                      | Jim Delopolous     |
| IRBC 1        | Ari Foster           | Mark Delopolous    |
| IRBC 2        | Sally Peraldini      | Reece Smith        |
| IRBC3         |                      |                    |
| <b>BM</b>     | Andy Comeros Ochtman | Paul Curley        |
|               | Lara Martin          | Caelan Hurley      |
|               | Bek Weller           | Melissa Martyn     |
|               |                      | Mark Schloss       |
|               |                      | Steve Worrall      |
| <b>SRC</b>    | Zoe Foster           |                    |
|               | Massimo Martin       |                    |
|               | Adam Whale           |                    |
|               | Jemma Martyn         |                    |

| <b>Patrol</b> | <b>BLUE</b>            | <b>RED</b>        |
|---------------|------------------------|-------------------|
| PC            | Steve Peraldini        | Mark/Ann Fenton   |
| VC            | Shannon O'Brien        | Marcus Martin     |
| ARTC          | Jeff Kallawk           | Chad Ridley       |
| IRBD 1        | Alfee Spiers           | James Phillips    |
| IRBD 2        | *Steve Peraldini       |                   |
| IRBC 1        | Justin Richards        | Ethan Allingham   |
| IRBC 2        | Breon Spiers           | Megan Davis       |
| IRBC3         |                        | Amy Hitchcock     |
| <b>BM</b>     | Greg Delopolous        | Richard Cleveland |
|               | Gary Ochtman           | Eric Fawcett      |
|               | Ryan Smith             | Niamh Hurley      |
|               |                        | Sam James         |
| <b>SRC</b>    | Daniel Comeros Ochtman | Amelia Cleveland  |
|               | Dylan Fowle            | Jayde Downes      |
|               | Oskar Spiers           |                   |



**Patrols Start 7:30 am, off the beach 12:00 and finish when all equipment is washed down and packed away**

|               |                  |
|---------------|------------------|
| <b>9-Oct</b>  | Black/Blue       |
| <b>16-Oct</b> | Red/Green        |
| <b>23-Oct</b> | Black/Blue       |
| <b>30-Oct</b> | Red/Green        |
| <b>6-Nov</b>  | Red              |
| <b>13-Nov</b> | Black            |
| <b>20-Nov</b> | Green            |
| <b>27-Nov</b> | Blue             |
| <b>4-Dec</b>  | Red              |
| <b>11-Dec</b> | Black            |
| <b>18-Dec</b> | Green            |
| <b>25-Dec</b> | <b>Voluntary</b> |
| <b>26-Dec</b> | Black            |
| <b>1-Jan</b>  | Red              |
| <b>8-Jan</b>  | Blue             |